

12 Buff Mature Female Fighters Defeat Men



Defeated and Dominated: 12 Buff Mature Female Fighters Defeat Men by Saroj Pachauri

★★★★★ 5 out of 5

Language : English
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Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
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Lending : Enabled



Meet the Women Who Are Changing the Face of Fighting

In a world where men have traditionally dominated the sport of fighting, a new breed of women is emerging. These women are buff, mature, and they're not afraid to take on any man who steps into the ring. They're not just fighters, they're also mothers, sisters, and friends. They're an inspiration to us all.

In her new book, 12 Buff Mature Female Fighters Defeat Men, author Jane Doe tells the stories of these amazing women. These are women who have overcome adversity, broken down barriers, and achieved their dreams. They're women who are changing the face of fighting, and they're proving that women can do anything men can do.

Here are just a few of the women featured in the book:

- **Ronda Rousey:** The first woman to win an Olympic medal in judo and the first female UFC champion.
- **Gina Carano:** A former MMA fighter and actress who starred in the movie Haywire.
- **Cris Cyborg:** The current UFC featherweight champion and one of the most feared fighters in the world.
- **Holly Holm:** The former UFC bantamweight champion who knocked out Ronda Rousey in 2015.
- **Amanda Nunes:** The current UFC bantamweight and featherweight champion.
- **Valentina Shevchenko:** The current UFC flyweight champion.
- **Joanna Jędrzejczyk:** The former UFC strawweight champion.
- **Zhang Weili:** The current UFC strawweight champion.
- **Irene Aldana:** A rising star in the UFC bantamweight division.
- **Aspen Ladd:** Another rising star in the UFC bantamweight division.
- **Germaine de Randamie:** A former UFC featherweight champion.
- **Megan Anderson:** A former UFC featherweight title challenger.

These women are just a few of the many buff mature female fighters who are changing the face of fighting. They're proving that women can be just as strong and powerful as men, and they're inspiring a new generation of women to follow in their footsteps.

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12 Buff Mature Female Fighters Defeat Men is available now on Our Book Library.com. Free Download your copy today and be inspired by the stories of these amazing women.



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