

# An Integrated Theory and Psychotherapy for Trauma Spectrum Manifestations: A Comprehensive Guide to Healing

In *An Integrated Theory and Psychotherapy for Trauma Spectrum*

These brain regions are responsible for memory, emotion, and executive

This approach includes:

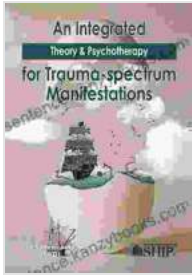
- Cognitive-behavioral therapy

If you are struggling with the effects of trauma, this book can help

## Relevant :

A comprehensive guide to healing from trauma, encompassing an integrated theory and psychotherapy approach for addressing the full spectrum of trauma manifestations.

**An Integrated Theory and Psychotherapy for Trauma-spectrum Manifestations** by JO STEENKAMP



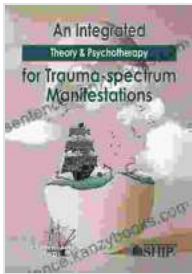
★★★★★ 5 out of 5

Language : English

File size : 21160 KB

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