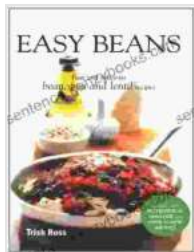


Easy Beans: Fast and Delicious Bean, Pea, and Lentil Recipes



Beans, peas, and lentils are a great way to add protein and fiber to your diet.

They're also relatively inexpensive and easy to cook. In this book, you'll find over 100 recipes for delicious bean, pea, and lentil dishes that are perfect for any meal.



Easy Beans ...Fast and Delicious Bean, Pea and Lentil Recipes by Nicholas Morgan

★★★★☆ 4.5 out of 5

Language : English
File size : 7631 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 146 pages
Lending : Enabled



Whether you're looking for a quick and easy weeknight meal or a hearty soup to warm you up on a cold day, this book has you covered. With recipes for everything from classic bean dishes to innovative lentil salads, there's something for everyone to enjoy.

Here are just a few of the recipes you'll find in this book:

* **Black Bean Burgers** * **Lentil Soup** * **Pea and Ham Soup** *
Three Bean Salad * **Curried Chickpeas** * **Falafel** * **Hummus**

And many more!



Beans, peas, and lentils are a versatile ingredient that can be used in a variety of dishes.

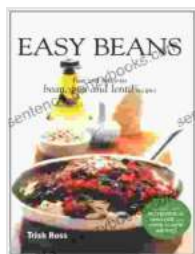
They're perfect for soups, stews, salads, and even desserts. And because they're so affordable, they're a great way to stretch your budget.

This book is a great resource for anyone who wants to cook more with beans, peas, and lentils. The recipes are easy to follow and the ingredients are readily available. With this book, you'll be able to create delicious and nutritious meals that your whole family will love.



Free Download your copy of Easy Beans today and start enjoying the benefits of cooking with beans, peas, and lentils!

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