

Eight Easy Walks In Kirkby Stephen District

Nestled in the heart of the Eden Valley, the Kirkby Stephen District is a walker's paradise. With its rolling hills, meandering rivers, and enchanting woodlands, this picturesque region offers an array of easy walks that cater to every taste and ability. Whether you're seeking a gentle stroll or a more challenging hike, this comprehensive guide will lead you on an unforgettable journey through the district's hidden gems.



Eight easy walks in Kirkby Stephen district (Walks in Kirkby Stephen & district Book 1) by Peter McWilliam

★★★★☆ 4.5 out of 5

Language : English

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Walk 1: The River Eden Walk

Distance: 2 miles

Difficulty: Easy

Description: Embark on a leisurely walk along the banks of the River Eden, one of the most scenic rivers in Cumbria. This flat and accessible trail takes you through enchanting meadows and past ancient bridges, offering stunning views of the surrounding countryside. Keep an eye out for wildlife,

including dippers and kingfisher, as you wander along the tranquil riverbanks.

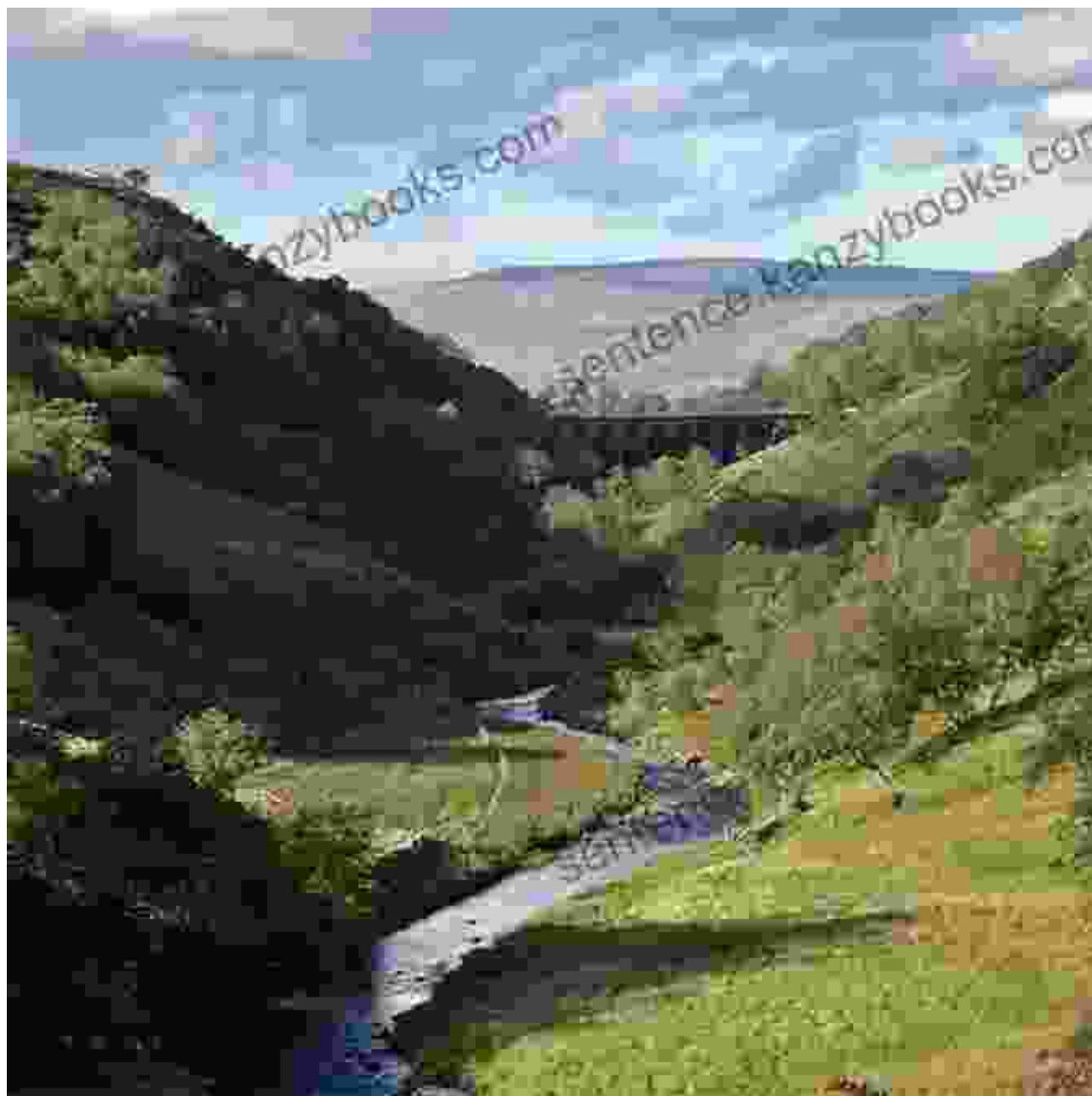


Walk 2: The Smardale Gill Waterfall Walk

Distance: 1.5 miles

Difficulty: Easy

Description: Discover the hidden beauty of Smardale Gill Waterfall on this short but rewarding walk. The trail leads you through a picturesque gorge, with the sound of cascading water providing a soothing backdrop. As you approach the waterfall, you'll be greeted by a breathtaking sight, where the water tumbles over a sheer rock face into a crystal-clear pool below. Take some time to soak up the tranquility and capture the moment with your camera.



Walk 3: The Kirkby Stephen Town Trail

Distance: 1 mile

Difficulty: Easy

Description: Step back in time as you explore the historic town of Kirkby Stephen on this fascinating walk. The trail takes you past medieval buildings, quaint cottages, and the imposing ruins of Pendragon Castle.

Along the way, you'll learn about the town's rich history, from its origins as a Roman settlement to its role as a market town in the Middle Ages. Don't miss the opportunity to visit the award-winning Museum of Kirkby Stephen, where you can delve deeper into the area's past.



Walk 4: The River Swindale Walk

Distance: 3 miles

Difficulty: Easy

Description: Escape into the tranquil beauty of the River Swindale valley on this delightful walk. The trail follows the meandering river, taking you through meadows, woodlands, and past charming villages. Along the way, you'll encounter ancient bridges, picturesque waterfalls, and stunning views of the surrounding fells. This walk is perfect for a picnic or a spot of fishing, so bring along your supplies and enjoy the serenity of the countryside.



Walk 5: The Nine Standards Rigg Walk

Distance: 4 miles

Difficulty: Moderate

Description: Ascend to the summit of Nine Standards Rigg for panoramic views that will take your breath away. This moderately challenging walk takes you through heather-clad moorland, offering stunning vistas over the Eden Valley and the Lake District fells. Along the way, you'll pass by ancient boundary stones and learn about the area's rich history. The summit of Nine Standards Rigg is a perfect spot to stop for a rest and soak up the breathtaking scenery.



Walk 6: The Mallerstang Valley Walk

Distance: 5 miles

Difficulty: Moderate

Description: Discover the unspoiled beauty of the Mallerstang Valley on this rewarding walk. The trail takes you along the River Eden, past cascading

waterfalls and through ancient woodlands. As you walk, you'll be surrounded by stunning scenery, including towering fells, green meadows, and picturesque villages. This walk is perfect for those seeking a bit more of a challenge, with some moderate ascents and descents along the way.



Walk 7: The High Cup Nick Walk

Distance: 6 miles

Difficulty: Moderate

Description: Embark on a geological adventure as you explore the awe-inspiring High Cup Nick. This horseshoe-shaped gorge is one of the most impressive natural features in the Yorkshire Dales, and the walk takes you along the rim of the gorge, offering breathtaking views. Along the way, you'll encounter ancient rock formations, cascading waterfalls, and stunning

views of the surrounding countryside. This walk is a must-do for those seeking a challenging and rewarding experience.



Walk 8: The Cross Fell Walk

Distance: 8 miles

Difficulty: Challenging

Description: Conquer the highest mountain in the Pennines on this epic walk. Cross Fell is a formidable peak, but the rewards are worth the effort. The trail takes you through rugged terrain, past sparkling tarns and over windswept plateaus. As you ascend, you'll be rewarded with panoramic views that stretch for miles in every direction. This walk is a true test of

endurance, but it's one that will leave you with memories that will last a lifetime.



The Kirkby Stephen District is a walker's paradise, offering a diverse range of easy walks to suit all tastes and abilities. Whether you're seeking a gentle stroll along a riverbank, a challenging hike to a mountain summit, or a historical exploration of a charming town, this comprehensive guide has something for you. So lace up your walking boots, grab your camera, and embark on an unforgettable journey through this picturesque region.

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