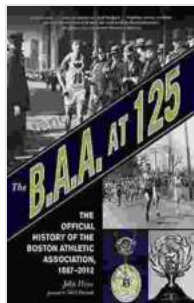


# The AT 125: A Timeless Legacy of Cycling Innovation



## The B.A.A. at 125: The Official History of the Boston Athletic Association, 1887-2024 by John Hanc

★★★★☆ 4.8 out of 5

Language : English  
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Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 268 pages



In the realm of cycling, there is one name that stands tall as a beacon of innovation and excellence: the AT. For 125 years, this iconic bicycle has pushed the boundaries of design, engineering, and performance, leaving an indelible mark on the history of the sport.

### A Century of Evolution: The AT's Journey

The AT's origins can be traced back to 1897, when British engineer and inventor Albert Tiltman handcrafted his first bicycle in a small workshop in Coventry, England. Driven by a passion for cycling and a desire to create a machine that was both efficient and reliable, Tiltman's design featured a lightweight steel frame and an innovative chain drive system.

Over the decades that followed, the AT underwent continuous refinement and improvement. In the early 1900s, the company introduced a

revolutionary "safety bicycle" design that featured a diamond-shaped frame and two wheels of equal size, providing greater stability and comfort for riders.

As the popularity of cycling surged in the mid-20th century, the AT became known for its racing prowess. The company's lightweight and aerodynamic bicycles were ridden by some of the greatest cyclists of all time, including Tom Simpson and Barry Hoban, who achieved numerous victories on the world stage.

### **Technological Advancements: Shaping the Future of Cycling**

Throughout its history, the AT has consistently embraced technological advancements to enhance the performance and safety of its bicycles. In the 1980s, the company became a pioneer in the use of carbon fiber frames, which reduced weight and improved stiffness, giving riders a competitive edge.

In recent years, the AT has continued to innovate with the of electric-assist bicycles, which combine traditional cycling with battery-powered assistance. These bikes have made cycling more accessible and enjoyable for riders of all ages and abilities.

### **Legendary Moments: The AT in the Spotlight**

The AT has been present at some of the most iconic moments in cycling history. In 1956, British cyclist Dick Gilbert rode an AT bicycle to victory in the Tour of Britain, becoming the first rider to win the event three consecutive times.

In 1973, Barry Hoban famously rode an AT to victory in the Paris-Roubaix, one of the most prestigious races on the cycling calendar. Hoban's victory was particularly impressive considering the notoriously rough terrain of the race, which earned it the nickname "The Hell of the North."

The AT has also played a significant role in the development of women's cycling. In 1993, British cyclist Sally Hodgkins won the first UCI Women's Road World Championship on an AT bicycle, helping to pave the way for future generations of female cyclists.

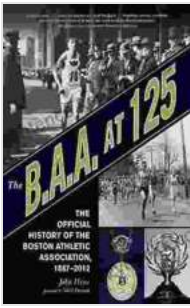
### **The AT 125: A Celebration of Cycling Heritage**

To commemorate its 125th anniversary, the AT has released a special edition bike called the AT 125. This limited-edition model is a testament to the company's rich history and ongoing commitment to innovation.

The AT 125 features a striking design that pays homage to the past while embracing the future. It combines a classic steel frame with modern components, including a carbon fiber fork and electronic shifting.

The AT 125 is not just a bicycle; it is a symbol of the enduring spirit of cycling. It represents 125 years of innovation, passion, and unwavering dedication to the sport. Whether you're a seasoned cyclist or just starting your journey on two wheels, the AT 125 is an embodiment of the timeless legacy that continues to shape the world of cycling.

To learn more about the AT 125 and the company's fascinating history, visit the official AT website: [www.atcycles.com](http://www.atcycles.com)



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