

Think Twice: Just Be Nice



Think Twice Just Be Nice: Dumperdickel Doodle's Bitty Book of Etiquette by Jimmy Huston

★★★★★ 5 out of 5

Language : English

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Word Wise : Enabled

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Dimensions : 6 x 0.14 x 9 inches



The Power of Kindness

We've all been told that we should be nice to others. It's one of the first lessons we learn as children. But what does it really mean to be nice? And is it always the best thing to do?

In her book *Think Twice: Just Be Nice*, author Anne Kreamer explores the power of kindness and compassion. She argues that while kindness is often a good thing, it's not always the best thing. Sometimes, it can be more harmful than helpful.

Kreamer gives several examples of how kindness can go wrong. For example, she tells the story of a woman who was so afraid of hurting her

husband's feelings that she didn't tell him he had cancer. As a result, he didn't get the treatment he needed and died.

Kremer also argues that kindness can be used to manipulate and control others. For example, a boss might be nice to an employee in Free Download to get them to do something they don't want to do. Or a parent might be nice to a child in Free Download to get them to obey.

So when is it okay to be nice? And when is it better to be honest or even unkind?

The Ethics of Kindness

Kremer suggests that we need to think critically about when and how to be kind. She proposes a set of ethical principles that can help us make these decisions.

The first principle is that we should always act in the best interests of others. This means that we should consider the long-term consequences of our actions, and not just the short-term benefits.

The second principle is that we should respect the autonomy of others. This means that we should not try to control or manipulate others, even if we think it's for their own good.

The third principle is that we should be honest with others. This means that we should not lie or deceive others, even if we think it will spare their feelings.

These principles can help us to make wise decisions about when and how to be kind. They can also help us to avoid the pitfalls of kindness, such as

manipulation and control.

The Benefits of Kindness

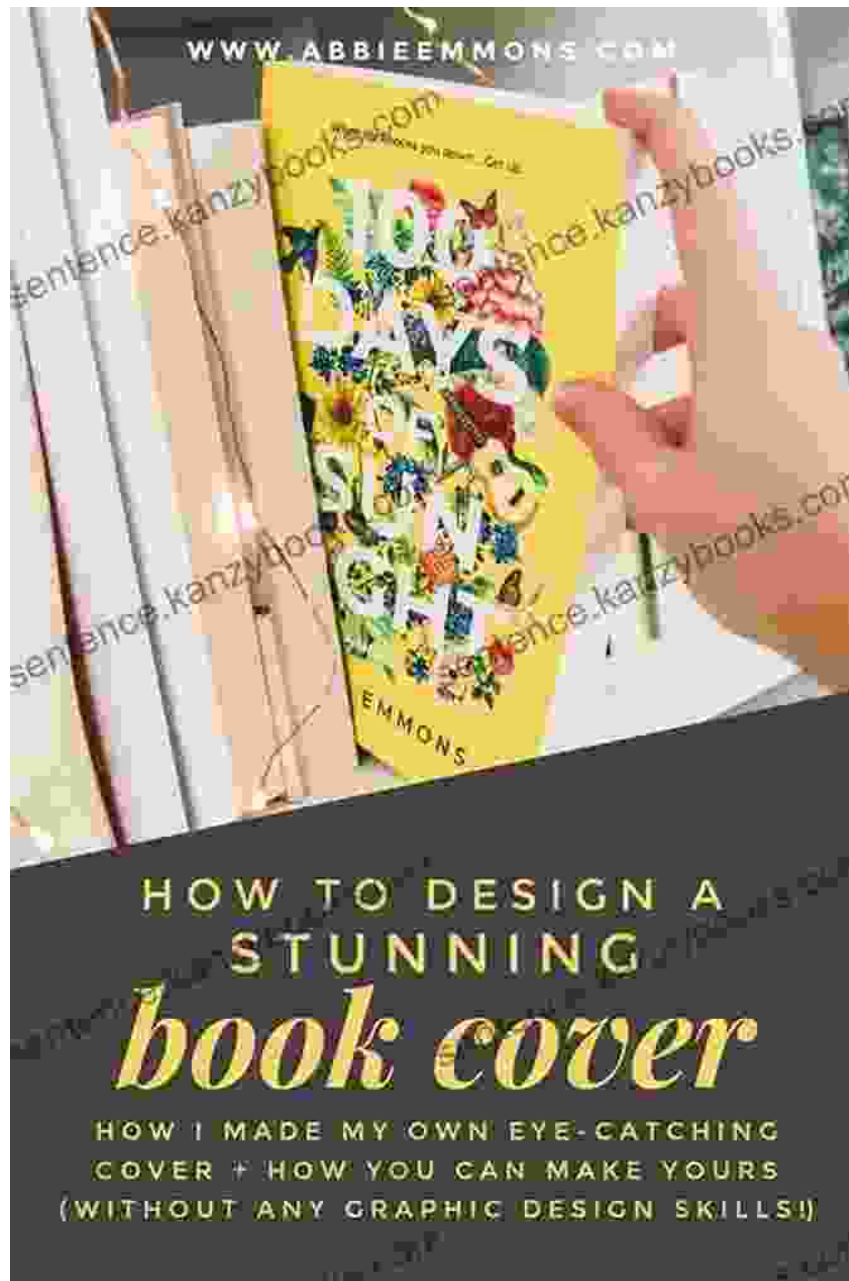
When we are kind to others, we not only make them feel good, we also make ourselves feel good. Kindness has been shown to have a number of benefits, including:

- Reduced stress
- Increased happiness
- Improved relationships
- Better physical health
- Increased longevity

So if you're looking for a way to improve your life and the lives of those around you, start by being kind. But remember, kindness is not always the best thing to do. Sometimes, it's better to be honest or even unkind. Just be sure to think twice before you act.

Think Twice: Just Be Nice is a thought-provoking book that challenges the notion that we should always be nice. It encourages us to think critically about when and how to be kind, and it provides us with a set of ethical principles to help us make wise decisions.

If you're interested in learning more about the power of kindness, I highly recommend reading this book.



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